

For Our World

We need to stop.

Just stop.

Stop for a moment...

Before anybody

Says or does anything

That may hurt anyone else.

We need to be silent.

Just silent.

Silent for a moment...

Before we forever lose

The blessing of songs

That grow in our hearts.

We need to notice.

Just notice.

Notice for a moment...

Before the future slips away

Into ashes and dust of humility.

Stop, be silent, and notice...

In so many ways, we are the same.

Our differences are unique treasures.

We have, we are, a mosaic of gifts

To nurture, to offer, to accept.

We need to be.

Just be.

Be for a moment...

Kind and gentle, innocent and trusting,

Like children and lambs,

Never judging or vengeful

Like the judging and vengeful.

And now, let us pray,

Differently, yet together,

Before there is no earth, no life,

No chance for peace.

Mattie J.T. Stepanek ©

September 11, 2001

Hope Through Heartsongs

Hyperion, 2002

Just Peace: A Message of Hope

Andrews McMeel, 2006

English Original www.mattieonline.com

Apa Lowa Wenuwen

nawathemu

mohothakata nawathemu

kisiweku visin

thawa kenekuta

hinsaawak weemata kalin.

nissshabdha wemu.

mohothakata nissshabdha wemu

apa hada thula aasiri gee

handa nathiweemata kalin.

balaa sitimu.

mohothakata balaa sitimu.

anaagathaya sadahatama

anduru weemata kalin.

nawathinu. nissshabdha wanu. bala sitinu.

kee ayurakin api eka samaanada

apa athara athi wenaskam

sabawinma nidhanayak waniya.

api wemu

mohothakata wemu

kuda daruwan se ahinsaka

vishwasaneeya lengatu bawin piruna

kisidinaka thara maraha nowena

manussa pawulak wemu.

prarthana karamu.

vividhawa namuth ekata

melowa saha jeewaya nathiweemata prathama

saamaya nathiweemata prathama.

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